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# FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

3235-0287 OMB Number: Estimated average burden hours per response: 0.5

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1. Name and Address <u>Bowhead Insur</u>	of Reporting Person <sup>*</sup> Tance Holdings L	<u>P</u>	2. Issuer Name <b>and</b> Ticker or Trading Symbol Bowhead Specialty Holdings Inc. [BOW]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director X 10% Owner
(Last) 452 FIFTH AVEN	(First) UE	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 09/19/2024	. Officer (give title Other (specify below) below)
(Street) NEW YORK	NY	10018	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) Form filed by One Reporting Person X Form filed by More than One Reporting Person
(City)	(State)	(Zip)		

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Ir 8)		4. Securities Act Disposed Of (D)			Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		(11511. 4)
Common Stock	09/19/2024		<b>J</b> <sup>(1)</sup>		23,940,947	D	(1)	59,053	D	

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (li 8)	tion	5. Numl Derivati Securiti Acquire or Disp (D) (Inst and 5)	ive ies ed (A) osed of	6. Date Exerc Expiration Da (Month/Day/)	ate	7. Title and A Securities Un Derivative Se 3 and 4)	derlying	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		

(Last) 452 FIFTH AVEN	(First)	(Middle)
(Street)		
NEW YORK	NY	10018
(City)	(State)	(Zip)
1. Name and Address Bowhead Insu	rance GP LLC	
		(Middle)
Bowhead Insu	(First)	(Middle)
Bowhead Insu (Last)	(First)	(Middle)
Bowhead Insu (Last) 452 FIFTH AVEN	(First)	(Middle) 10018

#### Explanation of Responses:

1. Reflects the distribution of shares of Issuer common stock held by Bowhead Insurance Holdings LP ("BIHL") to the holders of BIHL Class A and/or Class P interests on a pro rata basis, for no consideration, in accordance with the provisions of BIHL's limited partnership agreement, in contemplation of BIHL's dissolution.

Bowhead Insurance Holdings LP, By: Bowhead Insurance GP LLC, its General Partner, By: /s/ H. Matthew Crusey, Secretary Bowhead Insurance GP LLC, By: 09/20/2024 /s/ H. Matthew Crusey, Secretary

09/20/2024

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.