FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

1. Name and Address of Reporting Person [*]			2. Issuer Name and Ticker or Trading Symbol Bowhead Specialty Holdings Inc. [BOW]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
Sills Stephen Ja	<u>y</u> _		<u></u>	X	Director	10% Owner		
(Last)	(First)	(Middle)		X	Officer (give title below)	Other (specify below)		
C/O BOWHEAD SPECIALTY HOLDINGS INC. 452 FIFTH AVENUE		. ,	3. Date of Earliest Transaction (Month/Day/Year) 02/21/2025		CEO and President			
(Street) NEW YORK	NY	10018	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indivi X	dual or Joint/Group Filing (Ch Form filed by One Reportin Form filed by More than Or	g Person		
(City)	(State)	(Zip)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr.		quired (A) or) (Instr. 3, 4 and 5)		Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	 Transaction(s) (Instr. 3 and 4) 		(instr. 4)
Common Stock	02/21/2025		Α		65,607 ⁽¹⁾	Α	\$ <mark>0</mark>	1,053,511 ⁽²⁾⁽³⁾	D	
Common Stock	02/21/2025		A		67,526 ⁽⁴⁾	Α	\$ <mark>0</mark>	1,121,037	D	
Common Stock								214,469 ⁽³⁾⁽⁵⁾	Ι	By Sills 2024 LLC

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		Securities Underlying		8. Price of Derivative Security (Instr. 5)	Securities Beneficially Owned Following Reported	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		

Explanation of Responses:

1. Reflects restricted stock units.

2. Includes 736,729 shares of common stock received on September 19, 2024, for no consideration, as part of a pro rata distribution in connection with the dissolution of Bowhead Insurance Holdings LP (the "Distribution"). Such

acquisition was exempt from reporting pursuant to Rule 16a-9 of the Securities Exchange Act of 1934, as amended (the "Exchange Act").

3. 58,824 shares held by Sills 2024 LLC were previously inadvertently reported as directly held by the reporting person. The amount of shares beneficially owned following any reported transaction reflects a corresponding adjustment to the manner in which the shares are held.

4. Reflects a grant of performance stock units.

5. Reflects 155,645 shares of common stock received from the Distribution. Such acquisition was exempt from reporting pursuant to Rule 16a-9 of the Exchange Act.

/s/ H. Matthew Crusey, as attorney-02/25/2025

Date

<u>in-fact</u> ** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.